

Candidate – Sponsor Worksheet #1

Candidate _____ Sponsor _____

- Start with a traditional prayer like the Lord's Prayer, the Hail Mary, or the Glory Be. All the traditional prayers are online or on the app Laudate.

- Begin by asking about each other's week.

- Ask your candidate to share three ways he or she would like to grow while you journey together over the next few months. Write down those goals, as well as your own. Keep this list handy so you can occasionally review it.

Goal 1 _____

Goal 2 _____

Goal 3 _____

- Ask your candidate to create a list of guidelines for how she or he wants to be treated by you, his/her sponsor. Have the candidate be specific. For example, if he or she mentions being treated with respect, ask what type of behavior helps him/her feel respected. Add any items you might also consider important, but keep the combined list to a maximum of five items.

Guideline 1 _____

Guideline 2 _____

Guideline 3 _____

Guideline 4 _____

Guideline 5 _____

- Discuss the Sacraments of Initiation one at a time -- Baptism, Eucharist, and Confirmation. First have the candidate share about that Sacrament from his/her

poster. Then share what you remember about your own celebration of that Sacrament. Alternate back and forth. When you get to Confirmation, have the candidate share why he/she chose that particular picture. Then share about your own Confirmation – age, where, Confirmation name and why, sponsor and what he/she is like, memories, etc.

- Ask your candidate to share how he/she feels about being part of this Confirmation preparation group. Are his/her friends Catholic? Do they belong to this parish? Are any of them in this Confirmation preparation group? What is one insight he/she has gained from the preparation process so far?

- Share with your candidate at least three things you like about being Catholic.

- Together with your candidate, create a pocket prayer that will help both of you to remember God's desire to bless your lives. Write out two copies on the index cards. Agree to carry the prayer in your pocket for one week and to say it at least twice a day. Conclude by saying the prayer together.

- At the end of the discussion, share something your candidate did or said that you really appreciated. Be specific. Specific compliments have a lot more power than general statements. Ask your candidate to tell you what he or she appreciated about your time together as well.